



OPERATION: Sack Lunch

Nutritional Excellence: A Right We Are Born To
Not A Privilege We Earn

VOLUNTEER OPPORTUNITIES & GUIDELINES

Volunteer hours are generally between 9am – 2pm, Monday – Friday and our kitchen can also accommodate a few volunteers from 2 – 6:30pm all evenings except for Tuesday. Volunteers are welcome to stay for the entire shift or as your schedule allows.

The mid-day meals are served from noon – 1PM at the Compass Center and 1PM – 2PM at the outdoor meal site. Dinner is served at the Compass Center from 5:30 – 6:00PM

OPERATION: Sack Lunch volunteer opportunities include but are not limited to hot meal prep, sack lunch prep & assembly, serving and clean-up. At times we also need help organizing our walk-in freezer and storage areas and taking inventory.

Our kitchen is inside the Compass Center. However, **OPERATION: Sack Lunch** is a separate organization from the Compass Center. When you volunteer with OSL it is not with the Compass Center. We prepare breakfast, lunch and dinner for the Compass Center residents as well as for our outdoor meals (breakfast & mid-day) that we serve at the Outdoor Meal Site at 6th & Columbia and for several shelters and other agencies. We also prepare several hundred sack lunches for Compass Center residents, area shelters & advocacy outreach programs in the Seattle area and community court clients.

The Compass Center is located at 210 Alaskan Way South, under the viaduct and across from the ferry docks. There is pay parking available. The Outdoor Meal Site is within walking distance (6th & Columbia) although there is also parking available there as well. Please request a parking placard if you will be driving to the meal site.

Monday – Friday

9 – 2pm

2 – 6:30pm (Monday, Thursday & Friday)

Serve Compass Center lunch noon – 1 pm

Serve at meal site 1 – 2pm

Serve Compass Center dinner at 5:30 – 6:30pm

Week-ends

2 – 6:30pm

Serve Compass Center dinner at 5:30 – 6:30pm

Volunteers under the age of 18 must have a filled out and signed volunteer permission form by a parent or guardian. One form may be used for an entire group provided all names are listed on the form and each responsible adult volunteer has also signed. There must be adequate supervision for groups that include children. OSL staff focus is on their daily tasks. There will be a staff member designated to orient volunteers.

Due to Health & Safety concerns, it is the policy of **OPERATION: Sack Lunch** that no one **under** the age of 13 is allowed to work inside the kitchen. We do have various other tasks that can be performed in the cafeteria which are essential to the program and accommodate our younger volunteers.

We suggest that you wear clean, comfortable clothes and shoes. You will be on your feet! Be sure to layer clothing in the winter as it will be hot in the kitchen and cold outside. Hair will need to be pulled back; hairnets are available for those with hair too long to be covered & too short to be pulled back securely. **OPERATION: Sack Lunch** is a **SCENT AND CHEMICAL FREE ZONE**. Out of consideration of those with sensitivities and allergies, please do not wear perfumes, colognes, or perfumed deodorants. Because we are in close and warm quarters, a conglomeration of scents can be overwhelming. Those wearing heavy scents will be asked to work outside of the kitchen. Jewellery is not allowed on hands or arms unless gloves are worn while handling/preparing any food. In the case of polished or artificial nails, gloves must also be worn while handling/preparing any food. A food handlers card is not necessary. We look forward to working with you and hope you enjoy your OSL experience!

Thank you for volunteering with **OPERATION: Sack Lunch**

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